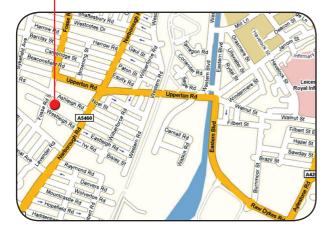
## **MEETINGS**

Held on the First Thursday of each month from 2pm - 4pm at:

Helen Webb House, 35 Westleigh Road, Leicester, LE3 0HH



## TRANSPORT

Some of you may have transport problems, if you can't get a relative or friend to bring you, let us know and we will try to help.

## **2009 DATES**

April 2 <sup>nd</sup>	May 7 <sup>th</sup>	June 4 <sup>th</sup>
July 2 <sup>nd</sup>	August 6 <sup>th</sup>	September 3 <sup>rd</sup>
October 1 <sup>st</sup>	November 5 <sup>th</sup>	December 3 <sup>rd</sup>

## brainwaves

For more information about Brainwaves, please contact Audrey Hopwood on **07534 227 963** 

## ON YOUR WAVELENGTH





# brain

BRAIN TUMOUR SUPPORT GROUP

- Providing Support
- Raising Awareness
- Putting You in Control

## **ON YOUR WAVELENGTH**

## brainwaves

## There for anyone affected by a primary brain tumour **PATIENTS • FAMILIES • CARERS • FRIENDS**

## **SUPPORT AND INFORMATION**

Brainwaves offers support and information to anyone affected by a primary brain tumour. There are so many questions that you want to ask and issues that need to be resolved. Where do you start? Who should you ask? How should you plan? Brainwaves is there to try and help you, your family, carers and friends.

## SHARING

Brainwaves offers you the opportunity to meet other people who are having a similar experience and to find out more about all the issues.

## RELAXING

The meetings are informal. You can ask questions, interact with others or if you prefer just relax and listen. It's your choice.

## **ON YOUR WAVELENGTH**

The programme is varied, but it is your group, so you can set the agenda and take it in the direction you want. You suggest what you wish to include and how you would like things to run. From meeting topics to social events you are in control.

### BRAINWAVES OFFERS YOU THE OPPORTUNITY TO:

- Talk and share your experiences with others
- Relax with people who understand
- Help others to cope better in this situation
- Find out more about brain tumour issues
- Learn more about the support available for you and your family
- Discover how complementary therapies can help
- Make new friends
- And much more...

## IT'S YOUR GROUP, YOU SET THE AGENDA

Brainwaves will arrange speakers on topics of special interest to you and your family e.g.

- Brain tumour research and the latest developments
- Financial and legal issues
- The importance of Power of Attorney
- Care and support packages and groups
- Wellbeing strategies for coping better
- You name it and we will try to organise it